



Helping humans

— ELDER CARE —



A NEW WAY OF CARE FOR YOUR PARENTS,

*Comfort and Dignity for Them,
Peace of Mind for You*

We understand the worry when your aging parents live alone and you're miles away – the constant concern for their safety, health, and happiness never leaves your mind. That's why we created Helping Humans - a compassionate elder care partner built to care like family.

From regular health check-ins and on-demand medical visits to companionship, nutrition, and emotional wellness – we ensure your loved ones live comfortably, independently, and with dignity at home

So, the next time you call them, you can skip the **"Are you managing everything okay?"** and instead say,

"Ab Sukoon Se Jiyo!"

What is Helping Humans?

Helping Humans is North India's trusted elder care brand offering comprehensive medical and emotional support at home for seniors 55+ years of age.

Our mission is to bring healthcare, happiness, and dignity home — helping elders live safe, independent, and fulfilling lives with care that feels like family.

Our members benefit from 24/7 emergency assistance, regular health monitoring, doctor and nurse home visits, physiotherapy and nutrition support, and engaging senior activities that keep them active, connected, and joyful.

Why need elder care support?

Balancing work, family, and caring for aging parents can be overwhelming.

A sudden illness, a fall, or loneliness can change everything in a moment.

That's where Helping Humans steps in — ensuring your parents always have trusted medical help, Genuine companionship, and emotional care, even when you can't be there.

Because every parent deserves love, respect, and reliable care — and every child deserves peace of mind.



How can **Helping Humans** help?

With age comes an increased risk of falls, health issues, and loneliness. But age also brings the desire to stay healthy, independent, and continue enjoying life to the fullest.

That's where we step in. Helping Humans ensures that both your parents and you receive the right support to manage these changes with ease — so you can focus on creating more happy, stress-free moments together.

Depending on your family's needs, you can choose from our customized elder care plans that include medical care, health monitoring, and emotional companionship. You can also add special services like physiotherapy, diet counselling, and emergency assistance based on your loved one's lifestyle.

Our care model follows international best practices and is built on expertise, empathy, and genuine human connection.

“Ab har umar mein sukoon se jiyo!”



Helping Humans' Core Care Promise

Our care plans are designed to meet every senior's evolving needs — from health to happiness, safety to social connection. We're your complete elder care partner, bringing trusted medical support and heartfelt companionship under one roof.



MORE
Safety

MORE
Health



MORE
Convenience

MORE
Engagement



More Safety

- 24×7 emergency response and ambulance support
- On—call doctor consultation during emergencies
- Trained paramedic and nursing assistance
- Regular safety check-in calls from our care team
- Home safety assessment to prevent falls and injuries
- Support for hospital admission and discharge coordination

More Health

- Home visits and tele—consultations with doctors
- Regular tracking of blood pressure, sugar & vitals
- Skilled nurses, attendants & physiotherapists
- Chronic disease management (diabetes, dementia, Parkinson's & more)
- Nutrition and diet planning for healthy aging
- Specialist coordination and medical record management

VIGILANT MONITORING AND SUPPORT FOR YOUR LOVED ONES



More Convenience

- Home delivery of medicines, equipment & health supplies
- Help desk to book tests, arrange hospital visits & manage reports
- Personalized assistance for family coordination
- Priority access to diagnostic and healthcare partners
- Senior travel assistance & transport help
- End-to-end care coordination for peace of mind

More Engagement

- Fun hobby clubs, cultural events & senior socials
- Educational sessions on health & wellness
- Online and offline engagement programs
- Celebration of birthdays & festive gatherings
- Companionship visits for emotional well-being
- Personalized engagement plans to stay active & connected



Pyari Bitiya

A HEART THAT CARES LIKE FAMILY!

Everything we do at [Helping Humans](#) comes from a place of love and compassion. And right at the heart of it all is our Pyari Bitiya.

Just like her name, your Pyari Bitiya becomes like a daughter to your parents – and a trusted family member for you. She's someone you can count on to care for your parents with warmth, empathy, and dedication – just as you would.

Your Pyari Bitiya is your family's personal care companion – coordinating doctor visits, medicines, wellness calls, and emotional support, while keeping you informed about your parents' health and happiness.

She stands by your loved ones – listening, helping, and spreading smiles so they never feel alone, and you never have to worry.

Just share your parents' needs, and your Pyari Bitiya will handle the rest – with care that comes straight from the heart.



We Care - So You Can Relax

As children of aging parents ourselves, we understand the worries, guilt, and challenges of balancing work, family, and elder care. That's why Helping Humans is here — to give you peace of mind, knowing that your parents are cared for with love, dignity, and medical expertise, every single day.

Regular updates and notifications about your parents' health, doctor visits, and overall wellbeing.



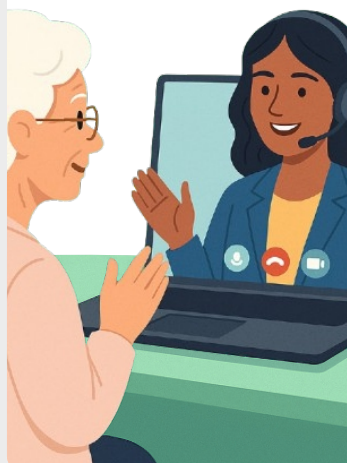
Assistance with planning birthdays, anniversaries, and special moments for your parents — because celebrations matter at every age.



Personalized health coordination — scheduling checkups, arranging lab tests, and managing medicines with ease.



Emotional support and counseling for families — helping you handle the stress and challenges of caregiving.



Expert guidance to choose the right care plan and medical services as your parents' needs evolve.



Support and education on managing chronic conditions like diabetes, hypertension, and dementia.



Companionship and conversation - because a friendly voice and warm presence mean the world to elders.



Dedicated "Pyari Bitiya" — your family's personal care companion, always there for your parents with love and attention.



Helping Humans Care Plans

Cost Service	₹ 999/- Month Essential Care	BEST SELLER	
		₹ 2999/- Month Comfort Care	₹ 4999/- Month Premium Care
Membership Card	✓	✓	✓
More Convenience			
• Savings on Equipment, Lab, Medicine Delivery, Travel, etc.	✓	✓	✓
• Discounts on Assistive Devices & Glasses	✓	✓	✓
• Helpdesk Support	✓	✓	✓
• Expert Health, Diet & Wellness Advice (Online)	✓	✓	✓
• Access to Electronic Health Records.	—	—	✓
• Care Support During Hospitalization	—	—	✓
More Engagement			
• "Call by Pyari Bitiya" (Companionship Call Service)	—	Weekly	Daily
• Support Groups for Specific Illnesses	—	✓	✓
• Travel Support (Local Assistance)	✓	✓	✓
• Exercise & Technical Training Classes	✓	✓	✓
• Online Activities (Social / Mental Engagement)	✓	✓	✓
• Offline Activities (Group / Social)	—	✓	✓
• Group Travel Inclusion	Chargeable	Chargeable	Chargeable
More Health			
• Doctor Visit (Home)	Chargeable	1/Month	2/Month
• Medical Care (Nursing/ Monitoring)	Chargeable	2/Month	4/Month
• Medicine Supply	Chargeable	2/Month	4/Month
• Lab Tests	Chargeable	Annual Comprehensive Health Check-up	Bi-Annual Advanced Health Check-up
• Online Doctor Consultation	1/Month	2/Month	4/Month
• Verified Medical Personnel (On Call)	✓	✓	✓
• Wellness Calls	2/Month	1/Week	Daily
More Safty			
• 24x7 Emergency Coordination	✓	✓	✓
• Ambulance (within 5 km)	—	1/Year	2/Year
• Doctor on Call During Emergency	—	1/Year	1/Month
• Spouse add on @ 50% Cost	—	—	✓
• Separate packages available for specific illness care	—	—	✓

Helping Humans Travel club

SENIOR-FRIENDLY TRAVEL FOR A JOYFUL AND SAFE EXPERIENCE

Helping Humans Travel is a unique service from Helping Humans that offers carefully curated, senior-friendly travel experiences. Our mission is to make travel safe, comfortable, and enriching for older adults — combining expert medical oversight with personalized care and joyful exploration.

We take care of every detail — from health checks and travel planning to on-trip medical support and assistance, ensuring a hassle-free journey where seniors can travel confidently and families can feel at ease. Each trip is accompanied by a trained medical team to provide on-the-spot health support and peace of mind throughout the journey.



Key Features

Comprehensive Support

We manage everything — pre-trip medical checks, travel logistics, medication reminders, and emergency coordination. A dedicated medical team travels with the group to ensure round-the-clock health monitoring and immediate care if needed.

Elder-Friendly Experiences

Each itinerary is designed with a comfortable pace, senior-safe transport, and age-appropriate activities, ensuring enjoyment without fatigue.

Door-to-Door Assistance

From home pickup to hotel check-in, our caregivers or travel companions are available throughout the trip to offer personal assistance whenever needed.

Peace of Mind for Families

Families stay updated through our real-time wellness updates and 24/7 helpline, offering reassurance that their loved ones are safe, supported, and cared for by a professional medical team.

Comfort & Safety First

We ensure accommodations are elder-friendly, with features like minimal stairs, easy access, nearby hospitals or clinics, and comfortable arrangements.

Customizable Trips

Choose from spiritual tours, nature retreats, wellness holidays, or leisure getaways — all designed to match your interests and health needs.

ARE YOU READY TO GIVE YOUR PARENTS THE GIFT OF HELPING HUMANS?

Show your love through care that truly matters.

With Helping Humans, your parents get trusted medical support, companionship, and happiness at home – and you get peace of mind, knowing they're cared for like family.



5,000+

Seniors supported across
North India

100+

Verified doctors, nurses &
caregivers

24×7

Emergency coordination &
medical response

**Across
North India**

Trusted by families in multiple cities

Call Us Today

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